INTERNATIONAL YOGA DAY



NOTICE

It is hereby notified all the NSS Volunteers of Siddhinath Mahavidyalaya that 'International Yoga Day' will be held on 21/06/2022. All are advised to attend the said programme positively.

Uma bush
Principal 18/06/2012

Siddhinath Mahavidyalaya

Principal SIDDHINATH MAHAVIDYALAYA

S.S.Patna, Purba Medinipur

Siddhinath Mahavidyalaya

Programme Officer NSSUnit-1 Siddhinath Mahavidyalaya



SIDDHINATH MAHAVIDYALAYA

(Govt. Aided) Estd.- 2013

SHYAMSUNDARPUR PATNA • PANSKURA • PURBA MEDINIPUR • PIN - 721139 • Phone - 03228-255030 email - siddhinathmahavidyalaya@gmail.com

Department	National Service Scheme (NSS)		
Date of Event	21/06/2022		
Topic	International Yoga Day		
Event Category	Physical Training		
No. of participited student	12		
Activities	 Motivate people to embrace a healthier lifestyle through regular yoga practice, combined with a balanced diet and mindfulness. Spread awareness about the holistic benefits of yoga, including its potential to improve physical health, mental clarity, and emotional balance. 		





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SIDDHINATH MAHAVIDYALAYA

Awareness Programme

On

International Yoga Day

Organized by

NSS Unit-I & IQAC

Student Attendance sheet

Date- 21/06/2022

Student's Name		21/06/202	
	/ JI On	Subject	Student Signature
Moumita Nayak	69h 30h	Dooll	Moumba Nayek Satgajit Dinda Summer Canl
Satyayıt Dinda	6th sen	(V)eqn	Saryagii Dumaa
	6th Jun	History	Summile dans
Debargha Dolai	6th Su	History	Debargha Dolan
Nikita Jana	4th Sen	Education	Willer Jame
Tyotsna Bhunia	4th Sem	Education	TyotsnaBhons
Kakoli jana	2rd	Education	Kakoli mu
Sridam paul	6th Sem	Philosophy	Smidam Paul
Parel Ghosh			Tayed Show
Robul Marra	444	English	Rahm Man.
Anamika Santra	and	Souskeit	Rayed ghose Rahm Man. Anamile g Sunto
Amil- Mondal	Eth	Bergali	Amit Mondal
		0	
	-		
	Debargha Dolai Nikita Jana Tyotsna Bhunia Kakoli jana Sridam paul Porel Ghosh	Student's Name Moumita Nayak 6th Son Safyajit Dinda 6th Sun Susmita Paul 6th Sun Debargha Dolai 6th Sun Nikita Jana 4th Sun Tyotsna Bhunia 4th Sun Kakoli jana 2rd Sridam paul 6th Sun Payel Ghosh 9th Sun Rahul Marra 4th Anamika Santna 2rd	Student's Name Semester Subject Moumita Nayak 6th Son Moth Satyajit Dinda 6th Son Moth Susmite Paul 6th Son History Debargha Dolai 6th Son History Nikita Jana 4th Son Education Tyotsna Bhunia 4th Son Education Kakeli jana 2nd Education Sridam paul 6th Son Philosophy Poyel Ghosh 9th Son Philosophy Robul Marra 4th English Anamika Santna 2nd Sanskif